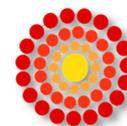




2026 SPHeRE CONFERENCE PROGRAMME

09:00	Registration				
09:30	Opening Address - Dr Gráinne Gorman, CEO Health Research Board				
	SPHeRE Programme updates by Prof Mary Clarke, RCSI — SPHeRE National Director				
09:45	Keynote Address: “Goldilocks and the Inverse Care Law ”				
	<p>Prof Susan Smith, TCD is Professor of General Practice at Trinity College Dublin and works as a General Practitioner at Inchicore Family Doctors in Dublin 8, Ireland. Her research interests include improving outcomes for patients living with multiple long-term conditions (multimorbidity) and related clinical issues such as health equity and medicines management. <i>Chaired by Prof Mary Clarke, SPHeRE Programme Director, RCSI</i></p>				
10:30	WORKSHOPS				
TR 1-3	<ul style="list-style-type: none"> • “Equity in Mental Health” with Professor Sinéad McGilloway , Maynooth University 				
Exam Hall	<ul style="list-style-type: none"> • “Embedding Inclusion in Health Research” - Dr Olga Cleary, RCSI, Health Equity Research Alliance & SPHeRE Alumna 				
11:45	Coffee & Moderated Poster Presentations				
	AM PARALLEL SESSIONS				
	Health inequalities 1 (Exam Hall)	Population health (TR1)	Cancer research (TR2)	Mental health (TR3)	Health behaviour (TR4—ground floor)
Chair:	Prof Emma Wallace, UCC	Prof Paul Hynds, TUD	Prof Suzanne Guerin, UCD	Dr Celine Larkin, HIQA	Prof Molly Byrne, UG
12:15	<p>Dr Lorna Sweeney, HIQA Inequalities in maternity care experience: Findings from the 2025 National Maternity Experience Survey.</p>	<p>Dr Emma Kearney, HSE An analysis of factors associated with attendance at University Hospital Limerick Emergency Department and socio-economic position.</p>	<p>Dr Charlotte Myers, TCD Reducing inequalities in cancer care: A health system approach to implementing change.</p>	<p>Aiswarya Radhakrishnan, DCU Designing Supports for Twice-Exceptional Autistic Learners: A Systematic Review of Interventions Across Settings.</p>	<p>Jyothi Sri Sushma Nadimpalli, UCC E-Cigarette Use and Sleep Duration Among Adolescents in Ireland: The Planet Youth 2022 Study.</p>
12:30	<p>Madison Curran, UCC Barriers and enablers to HPV vaccination among Migrant, Roma, and Traveller communities and interventions to improve uptake: A rapid review.</p>	<p>Dr Paul Doody, TCD & Ms. Stacey Grealis Facilitating meaningful patient and public involvement (PPI) in the National Clinical Guideline development process in Ireland: establishment of an innovative, process focused, PPI panel.</p>	<p>Sophie Mulcahy Symmons, UCD Co-designing strategies to promote cervical screening among women of low-socio economic position in Ireland in Ireland.</p>	<p>Sorcha Higgins, UCC The Association between Neonatal Jaundice and Autism Spectrum Disorder and Attention-Deficit/Hyperactivity Disorder by Age 14 years: Findings from the Millennium Cohort Study.</p>	<p>Dr Rory Coyne, RCSI for Dr Mengyan Zhang Social variations in trends of e-cigarettes and dual-use among adults aged 18-69 in Ireland 2015-2024: Repeated cross-sectional nationally representative survey data.</p>
12:45	<p>Dr Seif ElHadidi, NOCA Mapping Irish Child and Youth Health Datasets: Toward an Equity-Ready Paediatric Data Governance Framework.</p>	<p>Monica Clancy, UL Community Flexible Endoscopic Evaluation Of Swallowing (FEES): A Prospective Cohort Study Of Clinical, Process And Patient-Reported Outcomes.</p>	<p>Hamid Heidarian Miri, NCRI Cancer Survival in Ireland Before and During the COVID-19 Pandemic: A Perspective from National Cancer Registry Ireland.</p>	<p>Dr Allyson Gallant, TCD SCOPE for HEALTH: Integrating Mental, Physical and Sexual Health Care for Youth with Mental Health Difficulties: Insights from the Growing Up in Ireland Child Cohort.</p>	<p>Dr Reham A Lasheen, RCSI Systematic Review of Facilitators and Barriers to Implementation of Financial Incentive Interventions for Health Behaviour Change.</p>
13:00	<p>Dr Sheelah Connolly, ESRI Inequalities in the utilisation of dental services among children in Ireland.</p>	<p>Dr Molly Mattsson, HIQA Specialist assessment and self-management education for acute asthma exacerbation: a systematic review.</p>	<p>Dr Sera Jacob, RCSI Cost - effectiveness analyses of esophageal cancer screening: a systematic review addressing strategy choice.</p>	<p>Dr Aoife Gallagher, UL Unmet healthcare needs amongst adults with childhood onset neurodevelopmental disabilities: a systematic review.</p>	<p>Lenards Obeng Damoah, UCC The Association Between Family Environment and Underage Drinking in Ireland.</p>



13:15	Network Lunch & Moderated Poster Presentations			
	PM PARALLEL SESSIONS			
	Health services research (Exam Hall)	Cardiovascular disease (TR1)	Health inequalities 2 (TR2)	Women's health (TR3)
Chair:	Prof Rose Galvin, UL	Prof Helen French, RCSI	Prof Noel McCarthy, TCD	Prof Michelle Butler, DCU
14:15	Dr Lydia Iladiva, UCC Experiences of Implementing the Structured Chronic Disease Management Programme for COPD in Irish General Practice: A Qualitative Study.	Simone Ryan, UL Risk factors associated with stroke recurrence and mortality in ischemic and haemorrhagic stroke: a systematic review and meta-analysis of population-based cohort studies.	Dr Barry Coughlan, NCI/TCD Risk and protective factors for self-harm, suicidal thoughts, and suicide attempts in LGBTQ+ young people in the Republic of Ireland.	Maeve Herlihy, LSHTM Stopping Smoking in Early Pregnancy and its Impact on Spontaneous Preterm Birth and Small for Gestational Age using Multi-country Prospective Cohort Data.
14:30	Isabel Ryan, TCD Identifying potentially inappropriate prescribing in a cohort of older adults with intellectual disability using OPTIMA-ID.	Dr Seif ElHadidi, NOCA Patterns, Predictors, and Outcomes of Thrombolysis in Acute Ischaemic Stroke: Real-World Data on Thrombolysis Utilisation and Barriers.	Sinéad Madden, UL Improving Equitable Access to Urgent and Emergency Care (UEC) in Regional Health Area (RHA) E Mid-West (MW).	Mary Maguire, MU Integrated models of care for women with mild to moderate perinatal mental health problems: A scoping review.
14:45	Kevin Roche, UG Established GPs' perceptions of the training needs of GP Registrars to optimise antibiotic prescribing behaviours: a qualitative study.	Aiswarya Radhakrishnan, DCU Improving Access to Cardiovascular Prevention: A Scoping Review of Self-Administered Risk Assessment Tools.	Lorna Burke, DCU LifeLab Dublin - A Health Literacy Intervention For Post-Primary Students.	Dr Ioana Tistea, RCSI The influence of workload allocation models on career progression for women academics in Ireland: lived experiences, gender and health inequities, and potential solutions.
15:00	Daire Hogan, UCC The impact of medication shortages on healthcare professionals and their roles in managing shortages: a scoping review of the literature.	Saoirse Duggan, RCSI Effectiveness of Post-stroke Patient Navigation Supports: A Rapid Overview of Reviews.	Patrick Chirilele, RCSI Sex and Gender considerations in Lewy Body Dementia: a Biopsychosocial Framework.	Patrick Doherty, QUB/TCD Ireland's population health partitioning: A syndemic-informed scoping review to model conflict's contribution to violence against women.
15:15	Coffee & Moderated Poster Presentations			
15:45	Keynote Address: "Equity and the Irish Health Service"			
	Bernard Gloster, Chief Executive Officer of the HSE; a social care worker by profession, Bernard has been Chief Executive Officer of the HSE since March 2023. He has worked in health and social services for over 35 years. He rejoined the HSE from the state Child and Family Agency Tusla where he served as Chief Executive Officer from September 2019. <i>Chaired by Prof Sara Burke, SPHeRE Programme Director, TCD</i>			
16:00	Keynote Address: "Behaviour, Health and Inequalities"			
	Prof Marie Johnston, University of Aberdeen, is a Registered Health and Clinical Psychologist, and Professor Emeritus of Health Psychology at the University of Aberdeen. She conducts research on behaviour change in health and healthcare contexts and on disability (theory, measurement and intervention). <i>Chaired by Prof Sara Burke, SPHeRE Programme Director, TCD</i>			
16:30	Panel discussion followed by Poster Prize awards			
	Prof Sara Burke will chair a panel discussion with Prof Susan Smith, Prof Marie Johnston and Bernard Gloster . This will be followed by presentation of Poster Prizes.			